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DESTINATION IMAGE: LITERATURE REVIEW

Abstract: Tourism is one of the most important sectors in world economy. In order to be competitive and attract tourists and income, destinations need a positive image. It must be the result of joint efforts of authorities, local population, tourism professionals, and scientists. This paper provides a review of scientific publications in the field of destination image for the period 2003–2024, focusing mainly on the research from the last decade.

Keywords: destination image; tourist destination; literature review; tourist brand; destination perception.

Introduction

Tourism plays a significant role in world economy, reaching 7.6% of global GDP and creating 22 million new jobs in 2022¹. According to the United Nations World Tourism Organization, the sector has the capacity to contribute directly or indirectly to all of the 17 Sustainable Development Goals defined by the United Nations in its 2030 Agenda for Sustainable Development².

In Bulgaria, tourism is one of the most important economic sectors with its GDP share between 10 and 13% in the decade preceding the COVID-19 health crisis³. Reaching the previous levels largely depends on the image of Bulgaria as a tourist destination. The perception of the country as a safe and quality destination is a pivotal condition for the motivation to visit it, both for inbound and domestic tourists. Its destination image is one of the most important factors in deciding to visit and return.

This paper aims to examine significant scientific studies on destination image. For the needs of the current research, a review of the scholarly publications for the period 2003–2024 has been performed, with an emphasis on the research conducted during the last decade.

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¹ World Travel & Tourism Council [online]. Economic Impact Research [Accessed: 5 Feb. 2024]. Available at: <https://wttc.org/research/economic-impact>

² United Nations World Tourism Organization [online]. Tourism in the 2030 Agenda [Accessed: 5 Feb. 2024]. Available at: <https://www.unwto.org/tourism-in-2030-agenda>

³ United Nations World Tourism Organization [online]. 145 Key Tourism Statistics [Accessed: 5 Feb. 2024]. Available at: <https://www.unwto.org/tourism-statistics/key-tourism-statistics>

Literature Review

Qu et al. (2011) state that destination brand strategy should be built and/or enhanced, bearing in mind the destination image formed by tourists with its three aspects – affective, cognitive, and unique. Their research points out that destination image directly affects the willingness to revisit and recommend to other customers⁴. In 2007, Chen and Tsai described the path between destination image and behavioural intentions as follows: destination image > trip quality > perceived value > satisfaction > behavioural intentions⁵.

Del Bosque and Martin (2008) claim that destination image affects loyalty and expectations, which has a positive and significant influence on tourist satisfaction. They also state that positive or negative emotions could be influenced by post-experience cognitions and prior beliefs, and that they are essential in the satisfaction formation process⁶.

In 2023, Ahmed argued that cognitive destination image and perceived value had a strong influence on travel satisfaction, while affective destination image did not. According to the study, affective image had the greatest influence on revisit intentions⁷. The positive and significant impact of destination image on these intentions is also studied by Foster and Sidharta (2019)⁸, Prayag et al. (2017)⁹, Stylos et al. (2016)¹⁰, Hallmann et al. (2015)¹¹, Chew and Jahari (2014)¹².

Lever et al. (2022) conclude that national identification is directly related to destination image and tourism ethnocentrism. People that perceive their country as a destination with positive image are willing to travel domestically and to recommend it to other potential tourists, both domestic and foreign¹³. Le Hong and Hsu point that highlighting cultural distinctions and uniqueness can have a positive effect on destination image, while the perceived discrimination will definitely achieve the opposite¹⁴.

Zakiah et al. (2023) state that sustainable destination image can be an essential factor in the decision-making process. Tourists are more eager to engage with destinations if they are convinced that their values align with those of the destination. Consumer engagement plays a mediating role between tourists' loyalty and the destination's brand image¹⁵.

⁴ Qu, H., Kim, L. H., & Im, H. H. (2011). A Model of Destination Branding: Integrating the Concepts of the Branding and Destination Image. *Tourism Management*, 32(3), 465–476.

⁵ Chen, C. F., & Tsai, D. C. (2007). How Destination Image and Evaluative Factors Affect Behavioural Intentions? *Tourism Management*, 28(4), 1115–1122.

⁶ Del Bosque, I. R., & San Martin, H. (2008). Tourist Satisfaction: A Cognitive-Affective Model. *Annals of Tourism Research*, 35(2), 551–573.

⁷ Ahmed, M. (2023). Destination Image and Revisit Intention: The Case of Tourism in Egypt. *PASOS: Revista de turismo y patrimonio cultural*, 21(4), 681–697.

⁸ Foster, B., & Sidharta, I. (2019). A Perspective from Indonesian Tourists: The Influence of Destination Image on Revisit Intention. *Journal of Applied Business Research*, 35(1), 29–34.

⁹ Prayag, G. et al. (2017). Understanding the Relationships Between Tourists' Emotional Experiences, Perceived Overall Image, Satisfaction, and Intention to Recommend. *Journal of Travel Research*, 56(1), 41–54.

¹⁰ Stylos, N. et al. (2016). Destination Images, Holistic Images and Personal Normative Beliefs: Predictors of Intention to Revisit a Destination. *Tourism Management*, 53, 40–60.

¹¹ Hallmann, K., Zehrer, A., & Müller, S. (2015). Perceived Destination Image: An Image Model for a Winter Sports Destination and Its Effect on Intention to Revisit. *Journal of Travel Research*, 54(1), 94–106.

¹² Chew, E. Y. T., & Jahari, S. A. (2014). Destination Image as a Mediator Between Perceived Risks and Revisit Intention: A Case of Post-Disaster Japan. *Tourism Management*, 40, 382–393.

¹³ Lever, M. W., Elliot, S., & Joppe, M. (2022). Pride and Promotion: Exploring Relationships Between National Identification, Destination Advocacy, Tourism Ethnocentrism and Destination Image. *Journal of Vacation Marketing*, 29(4), 537–554.

¹⁴ Le Hong, V., Hsu, L. (2024). The Effects of Perceived Cultural Distance and Perceived Discrimination on the Destination Image and Behaviour Intention of International Student Tourists in Taiwan. *Journal of Hospitality and Tourism Management*, 58, 16–27.

¹⁵ Zakiah, S., A. Winarno, A., & Hermana, D. (2023). Examination of Consumer Engagement for Loyalty in Sustainable Destination Image. *Cogent Social Sciences*, 9(2).

In a study conducted in 2021, Marques et al. tested 12 hypotheses in order to illustrate the connection between cognitive, affective, and unique destination image and tourism satisfaction, post-trip intention to recommend a destination, and post-visit intentions towards products made in the country visited. According to the results obtained, affective image strongly influences tourist satisfaction, with the cognitive one not affecting it significantly, while unique destination image has a slight negative impact. Affective and cognitive image greatly influence the willingness to recommend a destination, while the unique image has a very small effect. All three image factors have a positive impact on post-visit intentions towards products made in the country, but are not directly influenced by tourist satisfaction¹⁶.

After performing four experiments and applying the mere association theory, Lee et al. (2021) concluded that a country's product image can significantly affect its image as a travel destination¹⁷.

According to Echtner and Ritchie (2003), destination image should be studied as a combination of holistic and attribute-based components, each of which has functional and psychological characteristics. The image of tourist destinations can also range from those based on common functional and psychological traits to those based on more distinctive or even unique features, events, feelings, etc. In order to capture all these components, while measuring destination image, a combination of structured and unstructured methodologies should be applied¹⁸.

Pike and Kotsi (2016) argue that the Repertory Test should be used to identify the salient attributes of destination image. Unstructured personal interviews and focus groups (brainstorming) need to be performed in order not to omit the qualitative part of a study. They also state that destination image attribute salience might differ across some travel contexts which should be taken into consideration at the questionnaire design stage¹⁹.

In 2016, Manhas et al. proposed a conceptual model in building destination brand image at three stages of consumption – pre-consumption in which tourists are influenced by marketing promotion and word of mouth; during-consumption which is influenced by personal experience; and post-consumption where satisfaction/dissatisfaction, positive/negative word of mouth and intentions to revisit are formed²⁰.

Tung et al. (2021) state that the negative host-guest interactions can be compensated by positive tourist perceptions of other destination resources (natural, cultural, etc.), so that the destination image can be kept positive²¹. According to Kostadinova (2023), tourist destination with its narrow specifics positively influences the tourist product of the destination. However, some local obstacles need to be overcome, such as ones in the local public and private sector²².

For the purposes of studying tourist destination image, Gosheva (2012) suggests to separate the emotional (climate, landscape, culture, similar mentality, etc.) from the rational aspects (accommodation, food, prices, accessibility, proximity to home, etc.) of tourists' perceptions²³. Aleksandrova (2018) states

¹⁶ Marques, C., Da Silva, R. V., & Antova, S. (2021). Image, Satisfaction, Destination and Product Post-Visit Behaviours: How Do They Relate in Emerging Destinations? *Tourism Management*, 85(3).

¹⁷ Lee, R., Khan, H., & Bellman, S. (2021). Mere Association of Product Image and Travel Destination. *Annals of Tourism Research*, 86(3).

¹⁸ Echtner, C. M., & Ritchie, J. R. B. (2003). The Meaning and Measurement of Destination Image. *Journal of Tourism Studies*, 14(1), 37–48.

¹⁹ Pike, S., & Kotsi, F. (2016). Stopover Destination Image: Using the Repertory Test to Identify Salient Attributes. *Tourism Management Perspectives*, 18(3–4), 68–73.

²⁰ Manhas, P. S., Manrai, L. A., & Manrai, A. K. (2016). Role of Tourist Destination Development in Building Its Brand Image: A Conceptual Model. *Journal of Economics, Finance and Administrative Science*, 21(40), 25–29.

²¹ Tung, V. W. S., Tse, S., & Chan, D. C. F. (2021). Host-Guest Relations and Destination Image: Compensatory Effects, Impression Management, and Implications for Tourism Recovery. *Journal of Travel and Tourism Marketing*, 38(8), 833–844.

²² Костадинова, Н. (2023). *Бизнес хотели и конгресен туризъм – взаимодействия и практики*. Велико Търново: Ай анд Би. // Kostadinova, N. (2023). *Biznes hoteli i kongresen turizam – vzaimodeystvia i praktiki*, Veliko Tarnovo: Ay and Bi.

²³ Гошева, Б. (2012). Брандът България. Въвеждане на интегриран бранд мениджмънт. Годишник на департамент „Масови комуникации“, НБУ, брой 17(1), с. 176–196. // Gosheva, B. (2012), *Brandat Bulgaria*.

that the creation of preferences for the specifics of the regions, and, accordingly, the development of unique and non-interchangeable products, are of crucial importance for building destination image²⁴.

Chi and Qu (2008) propose a nine-factor model of destination image that includes travel environment, natural attractions, entertainment and events, historical landmarks, infrastructure, accessibility, relaxation, outdoor activities and prices, detailed by 34 subfactors. They also suggest seven general dimensions of attribute satisfaction – shopping, activities and events, lodging, accessibility, attractions, environment, and dining, supported by 33 subfactors²⁵.

Alqahtani and Makki (2023) suggest a cause-and-effect grouping of the factors that impact destination image. Starting with the most influential factor, the cause group includes tourism infrastructure, environment, safety and security, information and communication technology, policy rules and regulations, fairs, exhibits and festivals, economic development and affluence, and political stability. Following the same pattern, the effect group of factors includes human resources, quality of services, health and hygiene, prices, hospitality, friendliness and receptiveness, transport infrastructure, natural and cultural resources²⁶.

In a study published in 2017, Dimitrov et al. outline eight factors for destination image – services, nature, culture, hospitality, prices, accessibility, infrastructure and recreation, together with 28 subfactors²⁷. In 2018, Dyankov et al. evaluated country brand identity by using 11 factors and 79 subfactors, conducting a survey among inbound tourists²⁸.

In a study from 2008, Hristov describes 12 factors that influence tourist destination image – demographic, economic and social profile of the potential user, perceptions, motivation, personal experience, needs, preferences, expectations, other users' opinion, education, media, personality, marketing mix²⁹. Temelkova (2018) suggests ten groups of attributes that form destination image – natural resources, recreation, environment, general infrastructure, culture, history and arts, social factors, tourist infrastructure, political and economic factors, entertainment³⁰.

Rodrigues et al. (2023) investigate the role of digital marketing in the creation of interest and engagement to tourist destinations. If conducted strategically, professionally, and with high quality content, these marketing activities will have a significant impact on destination image³¹.

The importance of big data (social media, press, travel platforms, etc.) research for the image of the destination, both positive or negative, is presented in studies conducted by Galiano-Coronil et al.

Vavezhdane na integriran brand menidzhmant. Godishnik na departament "Masovi komunikatsii," NBU, broj 17 (1), s. 176–196.

²⁴ Александрова, Е. (2018). Събитията като инструмент за брендиране и позициониране на градските дестинации. Туризм – изследване, развитие и обучение. – В: Сборник с доклади от XV Международна научна конференция, София, 15–16.06.2018 г., с. 119–130. // Aleksandrova, E. Sabitiyata kato instrument za brandirane i pozitsionirane na gradskite destinatsii. Turizam – izsledvane, razvitie i obuchenie. – V: Sbornik s dokladi ot XV Mezhdunarodna nauchna konferentsia, Sofia, 15–16.06.2018 g., s. 119–130.

²⁵ Chi, C. G. Q., & Qu, H. (2008). Examining the Structural Relationships of Destination Image, Tourist Satisfaction and Destination Loyalty: An Integrated Approach. *Tourism Management*, 29(4), 624–636.

²⁶ Alqahtani, A. Y., & Makki, A. A. (2023). A DEMATEL-ISM Integrated Modeling Approach of Influencing Factors Shaping Destination Image in the Tourism Industry. *Administrative Sciences*, 13(9).

²⁷ Dimitrov, P. et al. (2017). Increasing Attractiveness and Image Recognition of Bulgaria as a Tourism Destination. *Tourism and Management Studies*, 13(3), 39–47.

²⁸ Dyankov, T., Krastev, V., & Yancheva, K. (2018). Evaluation of Brand Identity of Bulgaria as a Tourist Destination. *Tourism: An International Interdisciplinary Journal*, 16(1), 19–34.

²⁹ Христов, И. (2018). Имидж на туристическата дестинация – същност и инструменти за неговата креация. Народно стопански архив, брой 1, с. 89–101. // Hristov, I. (2018). Imidzh na turisticheskata destinatsia – sashtnost i instrumenti za negovata kreatsia. Narodnostopanski arhiv, broj 1, 2018, s. 89–101.

³⁰ Темелкова, С. (2018). Образът на туристическите дестинации през призмата на туристическите възприятия, мотивация и удовлетвореност. *Годишник „Икономика и бизнес“*, НБУ, бр. 1, с. 129–135. // Temelkova, S. (2018). Obrazat na turisticheskite destinatsii prez prizmata na turisticheskite vazpriyatia, motivatsia i udovletvorenost. *Godishnik "Ikonomika i Biznes"*, NBU, br. 1, 2018, s. 129–135.

³¹ Rodrigues, S. et al. (2023). Digital Marketing's Impact on Rural Destinations' Image, Intention to Visit and Destination Sustainability. *Sustainability*, 15(3).

(2023)³², Kasapoğlu et al. (2023)³³, Lyndon (2023)³⁴, Tham et al. (2023)³⁵, Irfan et al. (2022)³⁶, Farhangi and Alipour (2021)³⁷, Garcia-Haro et al. (2021)³⁸, Guo et al. (2021)³⁹, Varadzhakova et al. (2021)⁴⁰, and Lam et al. (2020)⁴¹. All scholars agree that destination marketers should take into serious consideration the digital channels as a chance to enhance destination image or to overcome the negatives. Wang et al. (2023)⁴² state that online travel information quality has a four-dimension impact on cognitive resonance (value-added, relevancy, completeness and design) and a three-dimension effect on emotional resonance (interestingness, design and amount of information), among which completeness (cognitive) and design (emotional) have the greatest influence.

Several studies have been carried out on how travel journalists' materials (Freire & Curvelo, 2021)⁴³, fiction movies and online video games affect destination image and travel intentions: Dela Cruz and Lacap (2023)⁴⁴, Sharma et al. (2023)⁴⁵, Gupta et al. (2020)⁴⁶, Spears et al. (2013)⁴⁷, Mestre et al. (2008)⁴⁸. Researchers agree that fiction movies and online games “silently” give information about destinations' cultural, environmental, infrastructural, political, ethnical, economic, etc. characteristics, and that their influence on destination image is significant.

³² Galiano-Coronil, A. et al. (2023). Social Media Impact of Tourism Managers: A Decision Tree Approach in Happiness, Social Marketing and Sustainability. *Journal of Management Development*, 42(6), 436–457.

³³ Kasapoğlu, C., Ramazan, A., & Baskol, M. (2023). Assessing Destination Brand Associations on Twitter: The Case of Istanbul. *Advances in Hospitality and Tourism Research*, 11(4), 443–475.

³⁴ Lyndon, N. (2023). How Do Destinations Relate to One Another? A Study of Destination Visual Branding on Instagram. – In: *Springer Proceedings in Business and Economics. 30th Annual International eTourism Conference, ENTER 2023*, Johannesburg, 204–216.

³⁵ Tham, A., Chen, S. H., & Durbridge, L. (2023). A Pentadic Analysis of TikTok Marketing in Tourism: The Case of Penang, Malaysia. *Tourist Studies*, 24(4), 1–29.

³⁶ Irfan, M., Malik, M. S., & Zubair, S. K. (2022). Impact of Vlog Marketing on Consumer Travel Intent and Consumer Purchase Intent with the Moderating Role of Destination Image and Ease of Travel. *Sage Open*, 12(2).

³⁷ Farhangi, S., & Alipour, H. (2021). Social Media as a Catalyst for the Enhancement of Destination Image: Evidence from a Mediterranean Destination with Political Conflict. *Sustainability*, 13(13).

³⁸ Garcia-Haro, M. A. et al. (2021). Benefits of Online Sources of Information in the Tourism Sector: The Key Role of Motivation to Co-create. *Journal of Theoretical and Applied Electronic Commerce Research*, 16(6), 2051–2072.

³⁹ Guo, X., Pesonen, J., & Komppula, R. (2021). Comparing Online Travel Review Platforms as Destination Image Information Agents. *Information Technology and Tourism*, 23(2), 159–187.

⁴⁰ Varadzhakova, D., N. Kostadinova, N., & Mancheva-Ali, O. (2021). The Tourist Experience of Visitors of the “Tsarevgrad Tarnov – Sound and Light” Show (Bulgaria): Content Analysis of the Online Reviews. – In: Silva, U. C. (Ed.). *Turismo e Hotelaria no Contexto da Experiência* (pp. 41–74). Editora do CCTA João Pessoa.

⁴¹ Lam, J. M. S., Ismail, H., & Lee, S/ (2020). From Desktop to Destination: User-Generated Content Platforms, Co-created Online Experiences, Destination Image and Satisfaction. *Journal of Destination Marketing & Management*, 18.

⁴² Wang, X., Wang, X., & Lai, I. K. W. (2023). The Effects of Online Tourism Information Quality on Cognitive Destination Image: The Mediating Role of Resonance. *Frontiers of Psychology*, 14.

⁴³ Freire, J., & Curvelo, R. (2021). Story Creation and the Impact of Travel Journalists on Destination Brands. *Geojournal of Tourism and Geosites*, 37(3), 972–980.

⁴⁴ Dela Cruz, J. A. M., & Lacap, J. P. G. (2023). Film-Induced Effects and Intention to Visit: The Intervening Role of Country Image of South Korea. *Advances in Hospitality and Tourism Research*, 11(1), 1–27.

⁴⁵ Sharma, S., D. Styliadis, D., & Woosnam, K. M. (2023). From Virtual to Actual Destinations: Do Interactions with Others, Emotional Solidarity and Destination Image in Online Games Influence Willingness to Travel? *Current Issues in Tourism*, 26(9), 1427–1445.

⁴⁶ Gupta, S. et al. (2020). Nations as Brands: Cinema's Place in the Branding Role. *Journal of Business Research*, 116, 721–733.

⁴⁷ Spears, D. L. et al. (2013). Tourist See Tourist Do: The Influence of Hollywood Movies and Television on Tourism Motivation and Activity Behavior. *Hospitality Review*, 30(1), 53–74.

⁴⁸ Mestre, R., Del Rey, A., & Stanishevski, K. (2008). The image of Spain as Tourist Destination Built Through Fictional Cinema. *Journal of Travel and Tourism Marketing*, 24(2–3), 185–194.

Conclusions

The results of the literature review show scholars' keen interest in destination image and, in particular, in its study and measurement, the factors that form it, its aspects, its interrelationships with travel intentions, tourist satisfaction, the recommending possibility, etc. Once built, the positive image must be maintained and enhanced, and the negative image must be changed. This should be the result of the joint efforts of authorities, the local population, professionals, and scientists. Modern technologies (digital marketing, social networks, travel platforms, media) are of great help in this regard. Those in charge of building destination image should closely monitor the content in them, as well as what information is presented about the destination through movies, video games, etc. A limitation to this paper was the lack of studies of non-fiction and documentary movies' influence on destination image.

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